



Job Description

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St. Helens Council

Post: Intermediate Care Support Worker (Brookfield Centre)

Department: People's Services

Grade: SCP 5 – 6

Responsible to: Registered Manager, Assistant Managers

Purpose of the Post:

To work as part of a multi-disciplinary team and assist professional members of the Contact Cares service to provide integrated, multidisciplinary programmes of reablement aimed at promoting independence and helping to restore/maintain the service user's ability to remain within the community.

Duties and Responsibilities:

To attend to the service user's personal care needs i.e. washing, bathing, changing, toileting.

To assist the District Nursing Services in helping service users maintain appliances such as catheter and colostomy bags.

To undertake bed making and handling of soiled bed linen and ensuring that service users have adequate clean and serviceable clothing; and notifying the Duty Manager of the need for replacements and / or repairs.

Therapeutic Activity

Carry out therapeutic activity under the guidance and delegation of professional members of the team in accordance with the agreed care plan to encourage independence and self-management. Therapeutic activities for example, improving/maintaining mobility (in and out doors); building confidence; building stamina; practicing personal care and daily living skills; practical transfers. This may include therapy, nurse, social work, pharmacy, speech therapy or podiatry plans.

Encourage service users to maintain optimum independence through participating in all decision-making relating to their care.

Support service users and carers to cope with the psychological effects of any loss of independence or long-term disability or illness, recognising when to pass concerns on to supervisor or professional member of the team.

Assist service users to take prescribed medication in accordance with agreed policy and procedures, including oral medication, eye and eardrops and topical preparation.



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To contribute to the evaluation and modification of care plans.

Under the guidance of professional staff with the Team, to lead or co-lead small group sessions of approximately 4 – 6 service users.

Use initiative to respond to situations with the boundaries, competencies and duties and responsibilities of the post.

Monitoring Activity

To recognise improvements or adverse developments in the service users's condition, report to the supervisor and document it.

Make minor adjustments to equipment, including assistive technology, following consultation with professional members of the team, and record changes made.

Ensure the appropriate utilisation of materials and equipment supplied for the service users's reablement programme.

Report incidents and accidents in accordance with the appropriate organisational procedures.

Summon assistance from the appropriate person when a health or social care emergency arises.

Communication

Communicate in a receptive and informative manner at a pace and level that is consistent with the abilities, preference and beliefs of the individual.

Encourage and support service users to develop and maintain links with families, friends and the local community and pass on any problems identified with this to supervisor or appropriate professional member of the Team.

Maintain effective communication with carers in line with service user's confidentiality.

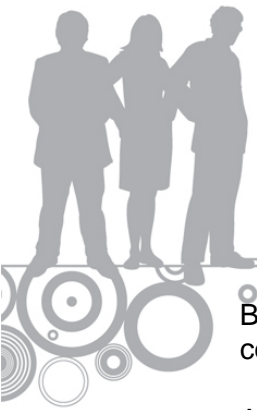
Liaise as appropriate, with colleagues both internal and external to the Team.

Maintain accurate records; contribute to team meetings and reviews and liaise with other necessary agencies and professionals

Receive, transmit and store information, using methods consistent with their urgency, e.g. phone, electronic, written or in person.

To promote, monitor and maintain health, safety and security in the working environment.

Take care of the service user's personal property, keeping it safe at all times.



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Be aware of the different forms of actual or potential abuse and report suspicions, concerns or complaints to the appropriate person.

Assist in the maintenance of a safe environment for the service users to undergo rehabilitation and be aware and work within the Council's Health and Safety regulations.

Attend and participate in training (both in-house and external) as nominated by the Registered Manager and / or Assistant Managers

Attend staff meetings and development days as required.

To comply with the requirements and recommendations of the service user's care plan which may include (this list is not exhaustive) :-

- providing emotional support to service users and, where appropriate, their carers.
- applying appropriate techniques to support speech and language problems.
- simple nursing procedures for example, assistance with medication; taking and monitoring blood pressure and insulin levels; monitoring skin condition, temperature, continence, fluid and diet simple advise on diet and planning meals.
- assisting the service user to improve and/or maintain financial independence.
- accessing community resources for example, shops and social activities.
- encouraging and supporting self-administration of medication.
- simple podiatry tasks for example, nail cutting for non-diabetic or complex conditions.

To comply with the Council's Health and Safety Policy and associated safe working procedures and guidelines.

To comply with the Council's Comprehensive Equality Policy and ensure that it is implemented within the service area and amongst employees within the remit of the post.

To comply with the Council's Information Management Framework (including the Data Protection Policy, Code of Practice and Social Media Policy) and ensure it is implemented within the service area and amongst employees within the remit of the post.

To comply with the Council's Code of Conduct a fundamental aspect of which are "the Seven Principles of Public Life", and to conduct oneself with the highest standards of conduct that they require.



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This post is subject to Disclosure.

This post is not Politically Restricted in accordance with the Local Government and Housing Act 1989 (as amended)

The details contained within this job description reflect the content of the job at the date it was prepared. However, it is inevitable that over time, the nature of the job may change. Existing duties may no longer be required and other duties may be gained without changing the general nature of the post or the level of responsibility entailed. Consequently, the Council will expect to revise this job description from time to time and will consult the post holder/s at the appropriate time.

Date Prepared: May 2004

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